

COMMENTS

Date: _____ Club: _____

Instructor: _____

Comments: _____

Signature: _____

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BC Sailing

Tel: 604.333.3628

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Bronze 5

Name: _____



Bronze 5

Ashore Skills

I tried

I can

Step a mast

Repair and maintenance

Anchors: Danforth

Navy

Mushroom

Plough

Bruce

Anchoring procedure

Put on trapeze harness

Spinnaker anatomy

Rig a spinnaker

Spinnaker skills on land:

Hoist

Gybe

Douse

Describe air flow around sails

True wind, boat wind, apparent wind

Afloat Skills

I tried

I can

Keep boat flat on all points of sail

Anchor a boat

Planing:

Adjust centreboard for planing

Initiate planing

Maintain plane for 90m

Spinnaker:

Hoist

Full in under 10s

Trim on different points of sail

Gybe without collapsing

Adjust guy and pole

Douse

Trapeze:

Hook in

Adjust height