BRV - ASHORE	**Bronze Sail Level Five**	Date of Birth (d/m/y)	**BRONZE SAIL V - ASHORE SKILLS**																																											
			Anchoring						Rigging				Maintenance						Spinnaker parts and rigging																Trapeze parts						Sail Theory					
	First & Last Name	*Required	Danforth	Navy	Bruce	Mushroom	Plough	Demonstrate the proper scope and anchor necessary to anchor a dinghy in 3m of water with a sandy bottom for 15 min.	Step a mast	Check all standing riggin	Check all running rigging	Ensure safety procedures are followed	Lock a turnbuckle	Refasten a pulled out cleat	Repair a small hole in a sail with tape	Repair a small hole in a spinnaker with tape	Demonstrate proper methods to clean sails	List 3 personal safety devices to use during repairs	Leech	Luff	Head	Foot	Tack	Clew	Sheet	Guy	Topping lift	Downhaul	Launcher	Retrieving line	Guy cleat	Reaching hooks	Bow sprit	Spinnaker pole	Handle	Harness	Hook	Trapeze Wire	Ring	Adjustment Tackle	Describe air flow around a main on a beat or reach	Describe how a jib affects a main	Descibe direction of force created by main	Descibe how foils allow a boat to move forward	Explain relationship between TW BW AW	Describe how to initiate planing & surfing
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Date:	
Wind speed :	
Training Hours:	
Boat Type:	

Instructor fills in boxes with:

ND = not demonstrated

D = demonstrated

DC = demonstrated consistently

BRONZE SAIL V - AFLOAT SKILLS

BR V - A F L O A T

	Spinnaker set-up			Spinnaker Hoist									Spinnaker Trim				Spinnaker Gybe					Spinnaker Douse						Trapeze					Planing					Surfing					Helming Skills									Crewing Skills							EVALUATION
	Attach halyard and sheets for hoist without a launcher	Ensure lines run outside standing rigging and avoid tangles	Ensure the spinnaker is packed correctly	Attach the pole to the guy and mast	Crew hoists, skipper pulls on sheets	Hoist without hourglassing	Crew pushes pole to the tack	Spinnaker drawing and controlled within 10 seconds after head reaches mast sheave	Crew takes control and flies spinnaker	Complete a windward hoist	Complete a leeward hoist	Demonstrate proper spinnaker trim with luff curl and without collapsing spinnaker	Adjust pole height correctly for different wind and points of sail	Correct an hourglass	Adjust guy and sheet to maximize fullness	Demonstrate course adjustments using the guy	Demonstrate sheet adjustments	Crew uncleats sheet/guy and passes to skipper	Skipper flies spinnaker through the gybe withouth collapsing it	Crew passes pole to new side	Skipper maintains a controlled course	Sailboat is kept flat	Crew resumes control of spinnaker	Crew passes sheet/guy to skipper	Crew lowers halyard	Crew pulls spinnaker into the boat	Skipper maintains desired course	Crew trips pole and stows in boat	Keep spinnaker out of the water	Demonstrate a windward douse	Demonstrate a leeward douse	Put on a trapeze harness correctly	Rig a trapeze system	Promptly get out on trapeze when required	Keep back straight	Keep the forward foot straight	Feet are spaced safely apart	Adjust sail position	Correct centreboard position	Correct crew position	Use gusts, sail trim and crew weight to keep plane	Hold for 90 metres	Luffing	Hiking	Adjust sail position	Correct centreboard position	Correct crew position	Head up to climb the crest	Bear off to ride down the trough	Beating	Running	Tacking	Gybing	Close Reach	Beam Reach	Broad Reach	Heading up	Bearing away	Starboard tack	Port tack	Hiking	Luffing	Stopping	Sail Trim	Boat Trim	Gybing	Tacking	Daggerboard	Lookout	
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IMPORTANT: Keep a copy and send a copy to your PSA after the session is complete.
CYA and PSA are establishing a database of participants.

Instructor Signature _____#_____
Instructor Signature _____#_____
Instructor Signature _____#_____

Instructor fills in with comments and BR V or BR V IP . **NOTE:** IP stands for "In Progress". IP is used when the sailor has not demonstrated all skills consistently, or they do not have the required hours of training (50). Sailors usually spend 50 hours minimum on BR V before moving on to Silver VI. **A sailor must demonstrate all skills consistently in order to challenge BR V and move on to Silver VI in under 50 hours. **This sheet is only intended to be a teaching tool - consult the Performance Objectives prior to awarding a CYA standard!****