



| BR V - AFLOAT |   | BRONZE SAIL V - AFLOAT SKILLS |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|---------------|---|-------------------------------|--|-----------------|--|--|----------------|--|--|----------------|--|-----------------|--|---------|--|--|--|--|--|--|
|               |   | Spinnaker set-up              |  | Spinnaker Hoist |  |  | Spinnaker Trim |  |  | Spinnaker Gybe |  | Spinnaker Douse |  | Trapeze |  |  |  |  |  |  |
| 1             | Attach halyard and sheets for hoist without a launcher                            |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 2             | Ensure lines run outside standing rigging and avoid tangles                       |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 3             | Ensure the spinnaker is packed correctly  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 4             | Attach the pole to the guy and mast   |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 5             | Crew hoists, skipper pulls on sheets  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 6             | Hoist without hourglassing  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 7             | Crew pushes pole to the tack  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 8             | Spinnaker drawing and controlled within 10 seconds after head reaches mast sheave |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 9             | Crew takes control and flies spinnaker  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 10            | Complete a windward hoist   |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 11            | Complete a leeward hoist  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 12            | Demonstrate proper spinnaker trim with luff curl and without collapsing spinnaker |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 13            | Adjust pole height correctly for different wind and points of sail                |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 14            | Correct an hourglass  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 15            | Adjust guy and sheet to maximize fullness   |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 16            | Demonstrate course adjustments using the guy                                      |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 17            | Demonstrate sheet adjustments   |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 18            | Crew uncleats sheet/guy and passes to skipper                                     |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 19            | Skipper flies spinnaker through the gybe without collapsing it                    |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
| 20            | Crew passes pole to new side  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Skipper maintains a controlled course   |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Sailboat is kept flat   |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Crew resumes control of spinnaker   |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Crew passes sheet/guy to skipper  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Crew lowers halyard   |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Crew pulls spinnaker into the boat  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Skipper maintains desired course  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Crew trips pole and stows in boat   |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Keep spinnaker out of the water   |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Demonstrate a windward douse  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Demonstrate a leeward douse   |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Put on a trapeze harness correctly  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Rig a trapeze system  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Promptly get out on trapeze when required   |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Keep back straight  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Keep the forward foot straight  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |
|               | Feet are spaced safely apart  |                               |  |                 |  |  |                |  |  |                |  |                 |  |         |  |  |  |  |  |  |

**IMPORTANT:** Keep a copy and send a copy to your PSA after the session is complete.  
 CYA and PSA are establishing a database of participants.

