

COMMENTS

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I Can Sail

Wet Feet

Name: _____



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Ashore Skills

I tried

I can

Wear a lifejacket

Lift the boat

Rig the boat

Tack the boat

Hold the tiller

Hold the Mainsheet

Name: Sail

Boom

Mast

Daggerboard

Airbags

Mainsheet

Sprit Pole

Get in the boat

Afloat Skills

I tried

I can

Sail away from the dock

Hold the tiller

Pull in the mainsheet

Steer straight for 1 minute

Tack

Gybe

Sit on the gunwale

Hike

Dock

Slow down

Speed up

Bail the boat

Balance the boat

Sail by myself

PLEASE KEEP THIS CARD AND BRING IT TO YOUR NEXT SAILING LESSON.